

Tracy Anglada

P.O. Box 380075 · Port Charlotte · Florida · 33938
941-391-0299 · tracy@bpchildren.com

Founder and President of BPChildren / Author / Mental Health Advocate

My mission is to help young people and adults understand more about pediatric bipolar disorder. My literary works and presentations bring knowledge to the mind, courage to the heart and hope to the spirit. Please join me in erasing the stigma and easing the burden one child at a time.

Literary Works:

Brandon and the Bipolar Bear A Story for Children with Bipolar Disorder
1st edition Copyright 2000, full color version Copyright 2004

Turbo Max A Story for Siblings of Children with Bipolar Disorder
Copyright 2002

The Student with Bipolar Disorder an Educator's Guide
Copyright 2002

I'll Chart My Moods 31 Days
Copyright 2005

Pediatric Bipolar Disorder (DVD)
Copyright 2005

Brandon and the Bipolar Bear (DVD)
Copyright 2005

My School Day (essay)
Copyright 2005

Questions Kids Have About Pediatric Bipolar Disorder (brochure)
Copyright 2006

Intense Minds Through the Eyes of Young People with Bipolar Disorder
Copyright 2006

Intense Parenting 10 Things Every Parent Needs to Know (essay)
Copyright 2007

WORK & VOLUNTEER EXPERIENCE (Related to Bipolar Disorder):

BPChildren
2000-Present

Founder and President

- Ø Provide information for children and their families regarding pediatric bipolar disorder.
- Ø Maintain and update the BPChildren website.
- Ø Author and Publish the BPChildren Newsletter.

The STARFISH Advocacy Association**Leadership Team Member***2005- Present* (volunteer position)

- Ø Provide education and support to parents of children with neurobiological illnesses.
- Ø Help develop and propose future goals for the STARFISH Advocacy Association.
- Ø Actively seek and schedule live educational events to bring further education to members.
- Ø Provide editorial assistance.

The Child & Adolescent Bipolar Foundation***Education Team Member****2003-2005* (volunteer position)

- Ø Answer parent questions regarding education and children with bipolar disorder.
- Ø Participate in a weekly online education chat for parents of children with bipolar disorder.
- Ø Monitor and edit interactive education message board.

Life Experience

- Ø I am the mother of four children, two of whom are diagnosed with bipolar disorder. My advocacy and education work was born from a desire to educate my own children regarding their illness.
- Ø My advocacy and educational work has grown to help other children with the condition and the adults who care for them.

School and Beyond

1987: Graduated from Hillsboro High School in 3 years with the highest grade point average of my class.

1987-1990: Engaged in a full-time community volunteer Bible education work.

1992: Studied writing with the Institute of Children's Literature.

2003- Present: Taken various advocacy courses including Wrightslaw and CABF online courses.

Awards and Honors:

- Ø National Science Olympiad Award
- Ø Presidential Academic Fitness Award
- Ø National Honor Society
- Ø Nami Award for Contributions to the Mental Health Community

