

## *Sample Parent Agenda*

**The Good News:** \_\_\_\_\_ has a good support system. Dr. \_\_\_\_\_ is actively adjusting medications in an attempt to bring \_\_\_\_\_'s illness under better control.

**Profile:** \_\_\_\_\_ is diagnosed with bipolar disorder and ADHD.

Children with bipolar disorder are known to have up to 18 abnormalities of the brain which can affect judgment, reasoning, working memory and executive functioning as well as facial processing, sensory processing, processing the emotional meaning of language and fight or flight responses to emotional stimuli. These deficits will affect \_\_\_\_\_ in every subject at school.

\_\_\_\_\_’s **Concerns:** ( Insert your child’s worries about school)

**Parental Concern:** \_\_\_\_\_ is currently very unstable medically. He is exhibiting impaired functioning across both school and home domains. Bipolar disorder is fatal in 20% of all cases due to the risk of suicide. (This is a sample ... change to fit your child)

- \_\_\_\_\_’s safety is the number one priority right now.
- \_\_\_\_\_ is experiencing a significant amount of academic frustration.
- (continue this list by writing out specific school concerns)

**What \_\_\_\_\_ Needs:**

- \_\_\_\_\_ needs stress reduced across every area of his life including the classroom.
- \_\_\_\_\_ needs understanding and compassion from the adults in his life.
- \_\_\_\_\_ needs a quiet area to retreat to when overwhelmed and an emergency pass/safe place to go without question.
- \_\_\_\_\_ needs additional support to be successful.
- \_\_\_\_\_ needs testing in all aspects of suspected disability.
- (continue this list by writing out what your child needs to be successful at school...be sure to ask him. Kids with bp often know what they need but have difficulty expressing it appropriately at the time. Listen and include his concerns.