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A Winner



Chris is a 12 year old boy who loves to play baseball. We hear he is doing a good job hitting the ball! But life is harder for Chris than for many of his teammates. Chris has bipolar disorder, ADHD and Aspergers. What is one of Chris' challenges? Getting along with other kids his age is really hard. Chris has been doing "role playing" to help with this challenge. We are happy to tell you that it is helping. We are also happy to report that Chris recently made his first catch to win the game!! Way to go Chris!

[Do you want to be featured in a newsletter...then write and tell us!](#)

Become an Actor: Role Play!



Do you like to pretend to be other people? Do you put on plays? Then you already know how to role play! Role playing is when you act out situations. The good thing about this kind of "acting" is that it can help make some situations easier. How? Think of a situation that is hard for you. Maybe it's making friends on the playground or keeping your temper when you don't win a game. Then make your own play. You get to be the star! Act out ways you can handle new situations. Then when those things happen for real you will know what to do. So go get your parents, your brother, your sister, or your friend and have fun in a way that will help you.

[Pointers for Role Playing](#)

Featured Tip



"If somebody provokes me into wanting to fight, I think to myself they are not worth it and walk away!!" Big John-age16

Do you have a tip to share with other kids with bipolar disorder? Please let us know.

[Write to Us!!](#)

Help Kids Learn Social Cues!

[Identify Feelings](#)

[Learn How Faces Show Emotions](#)

Learn About Social Stories

[What are Social Stories](#)

[Sample Social Story/Friends](#)

[Learn to Write Social Stories](#)

Free Coloring/Discussion Pages!!!



[Teaching
Strategies for
Social Skills](#)

We are pleased to introduce our free Coloring/Discussion Pages for Brandon and the Bipolar Bear!! We hope these new pages will be both fun and helpful when used along with the book.

- Print these free pages.
- Have fun coloring them!
- Talk to your parents about the pictures.
- Mail them to me.
- Look for your work in the talent showcase.

[Free Coloring/Discussion Pages for Brandon and the Bipolar Bear](#)

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